



Love All Serve All..... Help Ever Hurt Never...

News letter

July:2021

Our Humble Pranams At the Divine Lotus Feet of Our Beloved Lord & Master Bhagawan Sri Sathya Sai Baba Varu.Swami always says “Follow the Master- Face the Devil Fight to the End – Finish the Game”. It implies that The teachings of Guru have to be followed by putting them into practice in our daily lives, march on the royal route to Liberation. His Message is very loud and clear- “FOLLOW ME”. Under His Divine guidance following activities were undertaken during the month of July 2021.

1) Amrutha Kalasam (06 July 2021):- 18 Amrita Kalasams involving expenditure of Rs 18000/- (Grocery kits consisting of Rice,Wheat,Oil,Suji,Dal,Vegetables etc) were distributed to 18 needy people in the Gangubudi Village of Lakkavarapu Kota Mandal.Their Love & Gratitude towards Bhagawan was very clearly visible in their tears of Joy.



2) Sai Swayampakam (11 July 2021):- Sai Volunteers of Visakhapatnam & Hyderabad distributed 18 Grocery and Vegetable kits involving an expenditure of Rs 21600/- (Rs 1200 each kit) to economically backward Brahmin families. This service was contemplated under the Divine Guidance in line with one of the objectives of the Avatar viz., "Veda Rakshana" & "Vidwatposhana."



3) Divine Marriage:- With the Divine Blessings of Bhagawan Sri Sathya Sai Baba Varu, marriage for one of our Sevalal was performed on 01/07/2021. The Bride was Blessed & gifted with Mangalasutra by Bhagawan. The couple showed their Love & gratitude to Bhagawan by rendering selfless service during the just ended Inauguration of Sai Kutir & Guru Poonima Celebrations.



4) Guru Poornima Celebrations:- Guru is the one who removes darkness and shows one the path to divinity and Guru Poornima is an auspicious occasion reminding everyone that following and seeking the guidance of Guru is the only way to cross the ocean of Samsaara. As a part of Guru Poornima Celebrations on 24 Jul 2021, 1 Rudrabhishekam was performed in the Divine Presence and a Satsang was conducted. Visit to Sai-Ashraya Ashram was conducted and Narayana Seva was carried out on 25th Jul 2021 to 108 Narayanas' near Kothavalasa and in S Kota Mandal of Vijayanagaram District.

5) Regular Activities: -

(i) Feed the Need (Narayana Seva):- Financial support of Rs.9000/- was extended in the "Feed the Need" programme for the month of July 21, in Kothavalasa area of Visakhapatnam district.

(ii) Study Circle:- To discuss and provide guidance to the seekers in their individual Saadhana the following Online Study circles have been conducted in the month of July.

SI No	Date	Study Circle topic
1	03/07/21	Importance of Gayatri Mantra Chanting
2	31/07/21	Saadhana Chatustayam.

6) Activities proposed during the coming months: -

(a) August 2021.

SI No	Date	Activity	Description
1	20/08/2021	VaralaxmiVratam	Varalaxmi Vratam will be performed in the Divine Presence at Sai Kutir.
2	30/08/2021	Krishna Janmastami	Janmastami Celebrations will be carried out in the Divine Presence at Sai Kutir.
3	By end of August 2021	Transport Support	Providing a Two wheeler to Care Taker of Sai-Ashraya Ashram- Kothavalasa.

(b) Remaining part of the Year : -

SI No	Activity	Description
1	Centralised Kitchen	Construction of a centralised Kitchen. (on a monthly rental basis) Efforts are also in progress for acquisition of Land for constructing a centralised Kitchen.
2	RO Water Plant	Construction of water plant at Tribal area. Survey of the village & place for construction has been completed with the cooperation of Village People. Construction of shed will be taken up when the Covid lockdown eases
3	Seva Kendra	Construction of Primary Health care centre in Rural area of Visakhapatnam and integrated kitchen for Nitya Anna Danam for patients and rural people.

On the Occasion of Guru Poornima the whole world thinks of offering Dakshina to the Guru. Bhagawan Sri Sathya Sai Baba is not only A Guru but a true Mother, Father and the GOD to HIS followers. The best thing to be offered to such a Guru is to follow His Guidance incessantly. This Guru Poornima shall remain imprinted in all our hearts with the Divine Guidance blessed by our Lord out of his infinite Compassion & Love for us. Saadhana Chatustaya wore a different look with the Universal master declaring four practices to be followed in our daily lives in order to progress in our Saadhana towards the ultimate Goal in these times.

SI	Practice	The way to Do It
1	CHANTING	Chanting of Sai Gayatri/Gayatri Mantra 108 times daily and further it should be chanted with every breath to rejuvenate the body with its Power.
2	HEARING	Listening to Swamis' Divine Discourses & Bhajans daily preferably in Ekaanta in order to keep our ears & heart filled with Divine resonance.
3	READING	Reading of Swamis' Literature for at least 30 min daily to keep our Minds' occupied with Divine Thoughts.
4	PREACHING	Preaching others on the need to not only Love and Serve the Society by following Him, to make them a part of His Mission but also to enlighten them to walk on the Divine path of Sanathana Dharma.

Ever in Sai Service.

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