



*Racing towards
Universal Welfare!*

DIVYA VAARADHI

THE DIVINE CONNECTION

SRI SATHYA SAI TRUST FOR UNIVERSAL WELFARE

MAY 2023



WE INVITE YOU TO THE INAUGURATION OF



Sai Soukhyam

Arogyam Paramam Soukhyam
(Free-Of-Cost Dialysis Center)

In the Divine presence of
BHAGAWAN SRI SATHYA SAI BABA VARU

A new milestone in Renal Healthcare!
More details inside!

SATURDAY | 6TH MAY, 2023 | AT 10AM

SUMITHRA HOSPITAL , HOUSE NO 1-30/F, SARASWATHI
COLONY, NEAR RAJYALAKSHMI THEATRE, UPPAL X
ROAD, HYDERABAD, TELANGANA

FOLLOWED BY DIVYA PRASADA SEVA

RSVP : Dr. Kalyan Sarvepalli +91 7799882130

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2



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YOUR ROAD TO A DREAM HOME



Sai Aarogya

**Comprehensive Cancer Care Services
Bus Handing-over Ceremony**

Supported under CSR initiative of
GIC HOUSING FINANCE LTD. Mumbai

NAV Foundation and Sri Sathya Sai Trust For Universal Welfare

join their hands for reaching out

Totally Free Rural Mobile Medical Services

Through the hands of

Dr. Kumbha Ravibabu garu
(AP ST Commission Chairman)

Sri Chetti Palguna
(MLA, Araku constituency)

Sri Sumit Kumar, IAS
(ITDA PO)

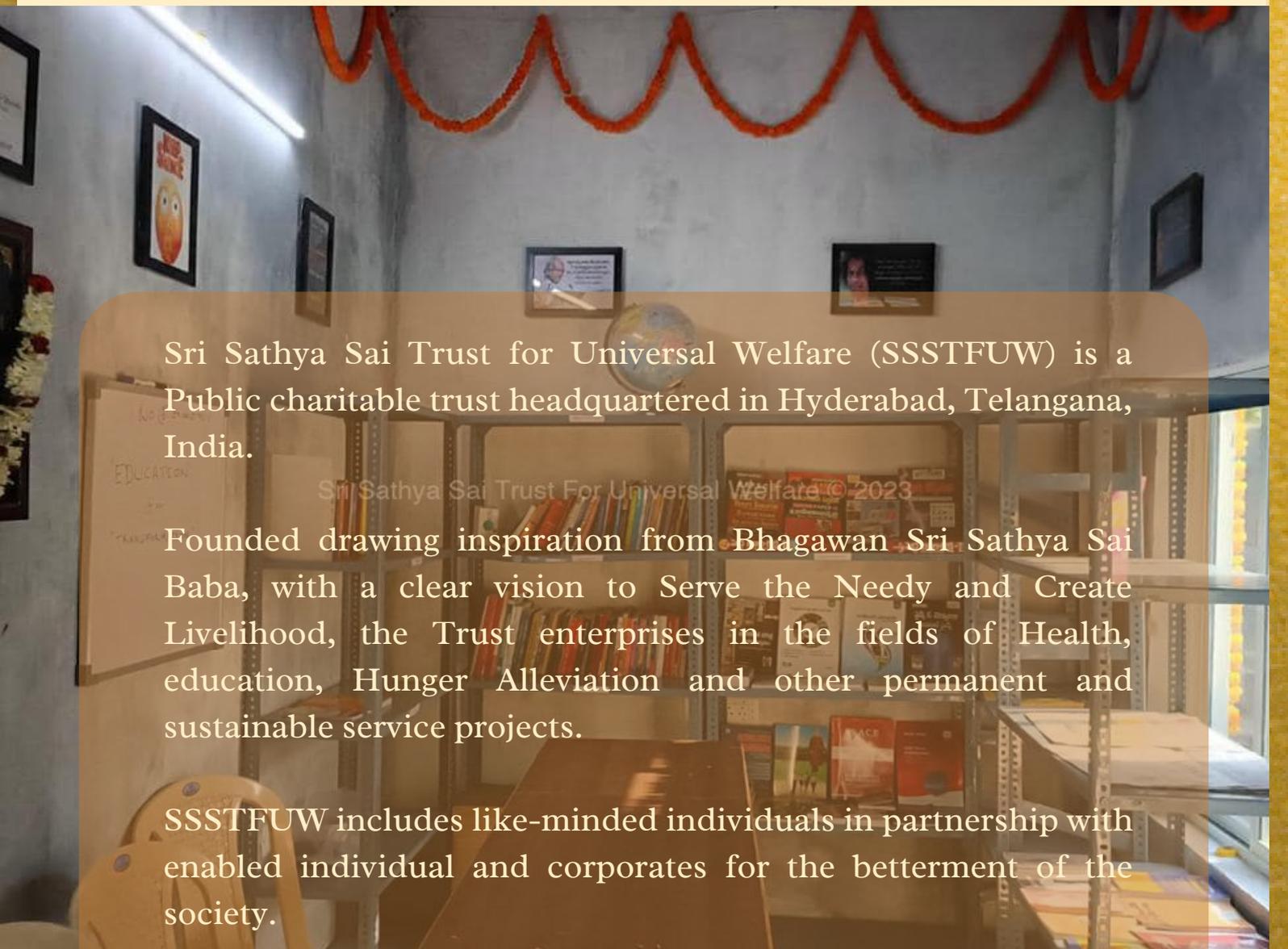
On 25th May, 2023 at 10:30AM
At PETC, Pedalabudu Eco Tourism Cottages,
Araku, Visakhapatnam



www.ssstfuw.org

**Mobile hospitals!
More information Inside!**

ABOUT THE TRUST



Sri Sathya Sai Trust for Universal Welfare (SSSTFUW) is a Public charitable trust headquartered in Hyderabad, Telangana, India.

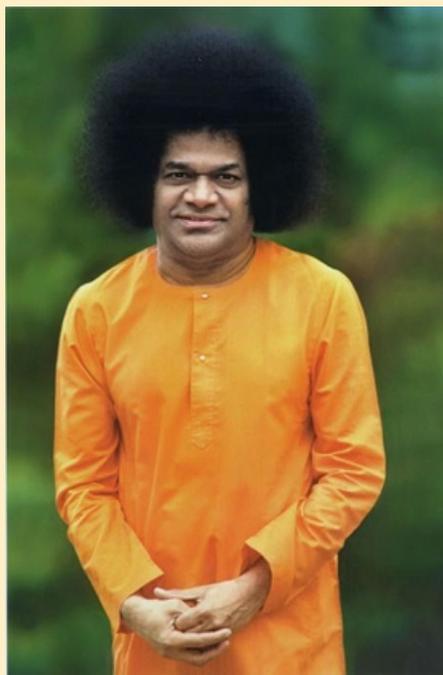
Founded drawing inspiration from Bhagawan Sri Sathya Sai Baba, with a clear vision to Serve the Needy and Create Livelihood, the Trust enterprises in the fields of Health, education, Hunger Alleviation and other permanent and sustainable service projects.

SSSTFUW includes like-minded individuals in partnership with enabled individual and corporates for the betterment of the society.



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THUS SPAKE THE LORD

"The secret of perfect health lies in keeping the mind always cheerful - never worried, never hurried, never borne down by any fear, thought or anxiety."

- Bhagawan Sri Sathya Sai Baba



A NOTE FROM THE SECRETARY

Dear Patron,

The month of May is very significant especially in the field of free healthcare. The trust has inaugurated Sai Soukhyam, a free-of-cost dialysis center with 9 beds in Hyderabad!

Further, Sai Aarogya, a free-of-cost mobile healthcare bus with emphasis to cancer screening was inaugurated that would take healthcare to the doorsteps of remote and under-privileged centers.

We are also close to clock 600 days of night hunger alleviation programme - Divya Prasada Seva, while the education wing is working continuously on the Sai Scholarships reaching out to more and more needy and deserving students!

Dear Patron, we cannot thank you enough for your continued support and encouragement that is helping us together reach to thousands of needy and bringing smiles to their families!

With Love,

Dr. Kalyan Sarvepalli
Secretary and Trustee

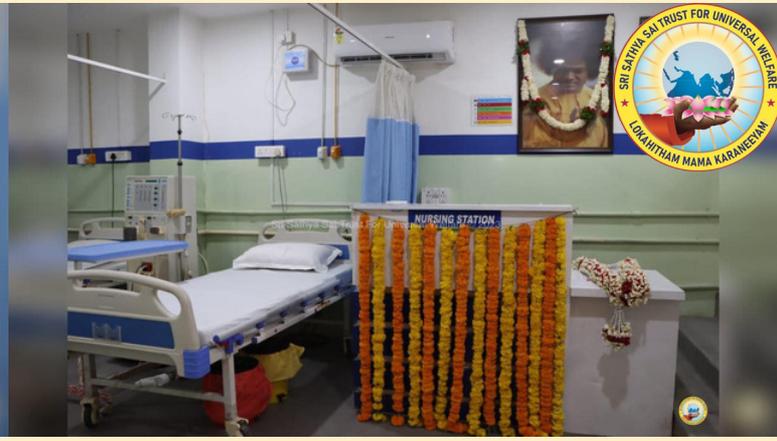
INAUGURATION OF SAI SOUKHYAM

A New Golden Chapter engraved in Free Renal Healthcare

In what can be called a landmark event, Sri Sathya Sai Trust For Universal Welfare, with the Divine Guidance and Blessings of Bhagawan Sri Sathya Sai Baba, in its continuous endeavour to provide state-of-art free healthcare to one and all, has established *Sai Soukhyam*, a 5-bedded free-of-cost kidney dialysis center in Hyderabad that would benefit the needy! Sai Soukhyam, driven by the motto 'Arogyam Parama Soukhyam', is sure to provide respite to thousands of needy compelled to go through the rigour of dialysis operation in the times to come.



The inauguration of this holy service took place at Sumithra Hospital in Uppal in Hyderabad on the holy occasion of 'Eshwaramma Day' - a day dedicated to Bhagawan Baba's mother -Eshwaramma, whose name will ever remain etched in the Hearts of the devotees of Swami.



Speaking on the occasion, Dr. MV Prasad, MD of Sumithra hospital and an orthopaedic surgeon, expressed his pleasure and gratitude to be a part of this noble initiative.



Sri Rama Mohan Rao, Ex-CEO of Sparsh Hospice, a yeoman in social service, called this development a miracle in its speed of execution while maintaining the quality. The trustees, on their part opined that this is just the beginning of and a pilot project for a larger revolution to unfold in the space of free world-class healthcare. The principal architect, Sri Nalam Subba Rao, in his inspiring words, took the gathering through how he witnessed a quick miracle in the setting up of this temple of healing.



Sri Sathya Sai Trust For Universal Welfare has already on the anvil 2 free-of-cost comprehensive care cancer hospitals upcoming (one with OPD functional and another with Bhoomi Pooja completed) along with many more to come up in various parts of the country to take free healthcare to doorsteps of more needy.

With the kidney dialysis center Sai Soukhyam now inaugurated and more to come, the trust is looking comfortably poised to provide succour to innumerable needy in the years to come!

SAI AAROGYA

Mobile Healthcare Bus for Cancer Screening

In order to take free high quality healthcare to the needy in rural remote areas, 'Sai Aarogya' (mobile healthcare with tertiary level specialisations) was launched in the presence of AP ST Commission Chairman Sri Kumbha Ravi Babu garu along with dignitaries from GIC Housing Pvt Ltd and NAV Foundation.

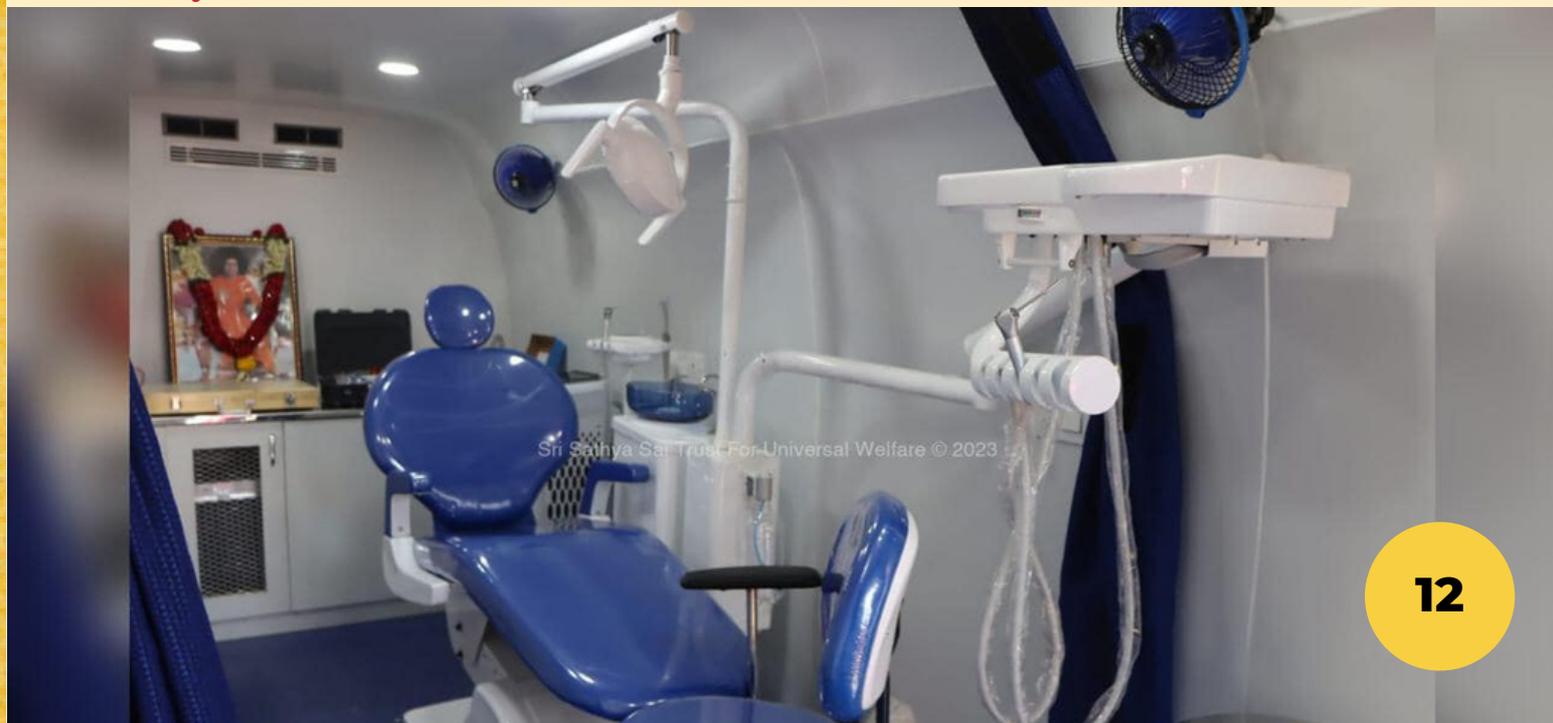


Aimed at providing free rural medical services, Sai Aarogya will not only take quality healthcare to the remote and underprivileged areas but also screen cancer comprehensively at the door steps of the tribal areas, thereby focusing on prevention and early detection.



Sri Kumbha Ravi Babu garu spoke about how he experienced the instant connectivity with the Divine Cause! Representatives from GIC Housing Pvt Ltd., which under its CSR initiative brought this noble cause to fruition, expressed their happiness in being a part of the programme and opined that these free rural medical services are much needed in tribal areas.

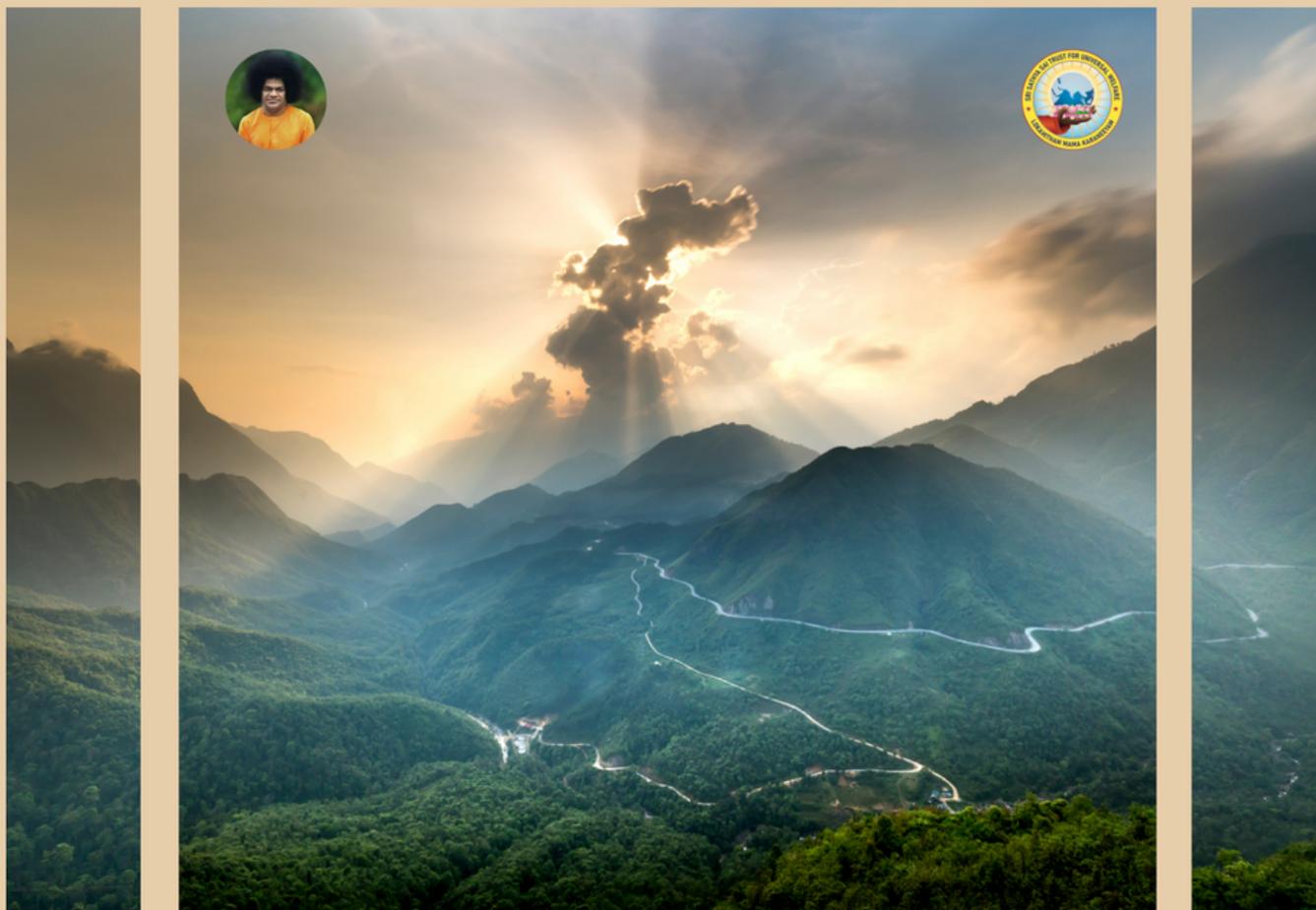
We thank GIC Housing Pvt Ltd for their generous support through their CSR arm. We also thank NAV Foundation for collaborating and joining hands to help take healthcare to the needy!



NARASIMHA JAYANTHI

Narasimha Jayanthi, that was observed on 4th May this year, was celebrated auspiciously with devotion and cheer at the Prahalada Varada Sri Lakshmi Narasimha Swami temple in the precincts of Sri Sathya Sai Divyaamritam near Thatipudi reservoir in Vizianagaram district.





ANDHRA KODAI TRIP

FROM 21.05.2023 TO 27.05.2023

START THE DAY WITH LOVE, SPEND THE DAY WITH LOVE, FILL THE DAY WITH LOVE, END THE DAY WITH LOVE,
THIS IS THE WAY TO GOD

Sri Sathya Sai Baba

Highlights of the Trip

DAY 1 PROCEEDINGS: 21 MAY

Our Dearest Lord, choosing to bestow His Proximity and Blessings on the select few, started from His Divyaamritam Abode with the entourage after offering Haarathi to Sri Prahlada Varada Lakshmi Narasimha Swami at the Abode! Enroute, Swami stopped and ensured that obeisances were offered to the Grama Devata at the entrance to the Ghat by offering a saree and bangles.



Overlooking the mountainous range all around with three rows of hill ranges visibly one above the other in the Eastern Ghats, the evening Satsang started with the All Loving God. It was a wonderful time that witnessed the confluence of the Paramatma-the Supreme; the Nature-His creation, and the Beings -seen and unseen to our eyes. One would easily start to lose one's identity with the body unmindful of the hot, humid weather in such a Divine environment! Temperatures plummeted and cool breeze started flowing into the venue, and one could easily experience the invisible hand of the Almighty with us.

The place turned warm with the Bonfire created by the Thimsa Dancers group. Thimsa dance has been an age-old dance of the Tribals of the region which is recognised worldwide. The dance has many things to offer- Music that will wean our minds away from the mundane world and the Dance that will instantly make us realise the significance of Unity, Harmony in thought word and deed with no signs of any expectation either to be recognised or rewarded among the most humble Tribal performers.

Lights were turned off after a sumptuous dinner bringing the day's proceedings to a close. Truly, one could witness in air the joy that filled every Heart ruminating on one single sacred thought that the Lord planted in their Hearts - SOUSEELYATA SAPTAHAM!



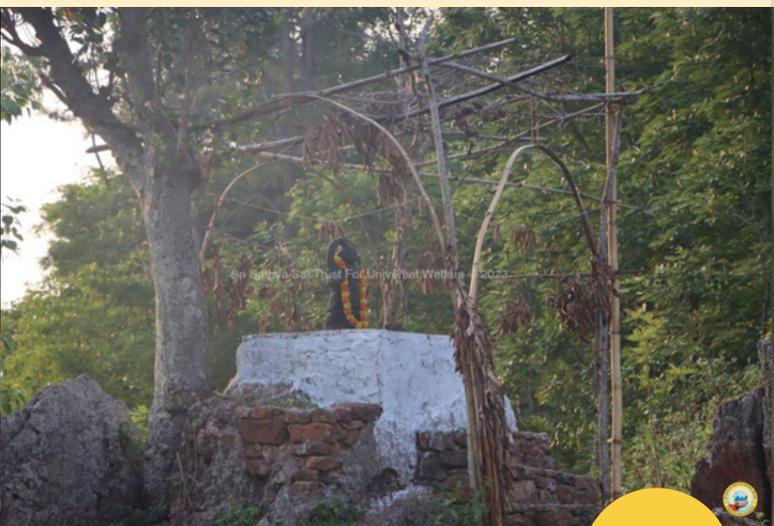
DAY 2 PROCEEDINGS: 22 MAY

The Eco Tourism precincts (created by the Govt of AP) and the surroundings reverberated with the melodious Bhajans soulfully sung! The Nature on its part lovingly gave back the serenity and a salubrious weather with zero pollution not only in air but in noise too. Rudrabhishekam was then performed by the Lord Himself for the welfare of All the worlds. The vibrations and the Divine Aura transported everyone into realms beyond..



While everyone enjoyed every moment the most important thought that seemed to linger on the minds was the need to achieve - SOUSEELYAM. Swami in His inimitable style lovingly awakened everyone to this wonderful Theme for the Trip the previous evening. Swami captured every one's mind by sowing the need to introspect and transform by identifying one's own weaknesses to excel in One's own way during the Saptaham.

If the first day evening thrilled the audience with the dances by modest Thimsa Dancers it was the turn of a group of ten local traditional singers this day to offer their devotional songs in an ethnic style. They took off in a beautiful spirit singing in unison the praise of Sankara the resident of Kailasa. They also sang in praise of the Holy Ganga and offered obeisance At the Feet of Lord Rama not to forget the songs that are pregnant with philosophy contained in the essence of the Vedas. In His Divine Discourse Swami reminded of Swami Vivekananda who exhorted youth to identify themselves as cubs of the Lions and urged upon everyone to manifest their latent spiritual values and energy. Recalling how Prabhupada ventured out without any resources in the international arena Swami spoke about the fervour with which these noble souls worked for furthering the cause they believed in with great character!



DAY 3 PROCEEDINGS: 23 MAY

The highlight of the Morning was an Abhishekam performed for Lord Hanuman standing on the hill over a rock. The place had an interesting story to reveal for Hanuman is said to have appeared there on his own-in an idol form, The whole family enjoyed the short spell of trekking singing the glory of Hanuman; witnessing the Panchaamritaabhishekam performed. The nature around the hills and the Valley gave a different perspective sitting by the side of a nice stream flowing down the Hill they had gathered. The Bhajans, Rudram, Purusha Sooktam Hanuman Chalisa chanted by the group were only to be heard and Nature, the first stage of creation, was the only one to be witnessed in its purest pristine form.



On return to the Eco-Tourism village the chosen ones began to occupy their seats in the morning Satsang while a tune that made their Hearts more cozier - “Ungli pakadke Chalna sikhaya Tumhi ne - SAI Prem ki jyot jägee hein Har Manav ke hriday mein-Sairam”

The evening session wore a different look with Swami blessing the Tribal Model Village as the new location for some interesting activity. It had in it fun and frolic as Swami chose the eldest couple for a demonstrative wedding in the Tribal way. It was not just a simple one. Swami ensured the couple wore new clothes gifted by none other than Himself. It had the musical instruments; the village people who performed ethnic Thimsa Dance. The wedding had both the parties to represent the bride and the groom. It was interesting to watch an Ex Head of the village performing the Wedding to perfection. The wedding performed in the Odisha style was followed by sumptuous dinner.



DAY 4 PROCEEDINGS: 24 MAY

Swami often has guided us to play the game of life with cheer and smiles! Day 4 of this beautiful retreat in the presence of Divinity was to the drive home this point!

The day started at 5:15AM with Omkaram and Gayathri chanting followed by Nagara Sankeerthan. The Lord of Removal of Obstacles, who restores auspiciousness everywhere, Lord Ganesha, was paid obeisances in the form of a Ganpathi Homam. The beautiful resort gleamed with auspiciousness.

Further in the day, the Lord, Who is always looking for every chance to help and guide His devotees, planned to have games by grouping devotees into various groups. Bhajan Antakshari, musical games etc. were played with great joy!





The Lord and the devotees were in for an musical evening, as the evening started with a melodious session of music played brilliantly by Smt. Nori Gayathri and team. The evening further, sticking to the theme of the day, had musical chairs for all devotees. As always, the Lord was actively participating and deriving cute pearls of laughter from the fun in the games.

The lesson that one has to be cheerful while playing the game of life and give one's best while leaving the results to the Lord was well understood by one and all on this day!



DAY 5 PROCEEDINGS: 25 MAY

Even though if the mother is a thousand miles away from her children, her love is such that she is always concerned about her children's welfare and prosperity! Similarly, the love of a thousand mothers, our Swami, Who, albeit was spending time with His chosen ones, was concerned about the needy, who are in turn verily His children! Today was one such day where His Love and constant concern for one and all was seen by His devotees.



The day started at 5:15 AM with Omkaram and Suprabhatam followed by Nagara Sankeerthan in the resort. Being a Thursday, Guru Paduka was performed by devotees to please their Lord. The day, buzzed into activity, with yet another free healthcare project of Swami being launched. In order to take free high quality healthcare to the needy in rural remote areas, 'Sai Aarogya' (mobile healthcare with tertiary level specialisations) was launched in the presence of AP ST Commission Chairman Sri Kumbha Ravi Babu garu along with dignitaries from GIC Housing Pvt Ltd and NAV Foundation.



Aimed at providing free rural medical services, Sai Aarogya will not only take quality healthcare to the remote and underprivileged areas but also screen cancer comprehensively at the door steps of the tribal areas, thereby focusing on prevention and early detection.

The pleasant evening, that followed, went on to present a divine treat to everyone's ears! Sri Venkateshwar Rao garu and team performed Annamaiyya's Keerthanas much to the joy of Swami and His devotees. Swami expressed His happiness about the performance that was filled with bhava and yearning for the Lord.

The team of devotees, who in the previous day were treated with games and sports with Swami, were today taught that while one is deriving happiness for oneself, one must also work for the happiness of others for the joy to last forever!

DAY 6 PROCEEDINGS: 26 MAY

The devotees, camping in the picturesque resort at Araku Valley, woke up to a day that would be dedicated to the worship of the Divine Mother! The morning activity started at 5:15 AM with Omkaram, Suprabhatam and Nagara Sankeerthan. Being a Friday, the devotees paid their obeisance to Mother Durga in the form of Durga Pooja. Swami took active part and led the Pooja Himself. The ladies then took to singing bhajans glorifying the Divine Mother.



The Divine Mother, Swami, wanted His children to enjoy an outing in Araku Valley. The devotees spent the morning in visiting a waterfall and a chocolate factory where children enjoyed. Swami thus ensured that the local economy took benefit on His Visit to the valley.



The evening had wonderful keerthans sung by Smt. Kusuma and team. Regular bhajans followed after this, bringing the day's proceedings to a close with sumptuous and divine dinner prasadam. A team of devotees sat back during the night at about 1AM preparing for the upcoming day's Grama Seva!



DAY 7 PROCEEDINGS: 27 May

Swami's every action and word is pregnant with meaning. Being the final day of the most cherished divine trip for His devotees, the Lord donned the role of the Divine Father by not only serving the needy in a nearby village but also by guiding His chosen ones with fatherly guidance for achieving the objective of their life!



The day started much before the usual 5:15AM activities of Omkaram, Suprabhatam and Nagarasankeerthan. Preparations were underway right from 1:00 AM for the Grama Seva that was to happen later during the day. Post the Nagara sankeerthan, Narasimha Homam was conducted reminding everyone of the majestic Lord Lakshmi Narasimha back in the divine precincts of Sri Sathya Sai Divyaamritam.





The twilight of the final evening blessed the resort with a pleasant stream of breeze. The evening's proceedings started with a traditional dance programme by Kum. Snigdha setting the tone for the evening. There were talks delivered by female devotees Smt. Aravinda Varanasi, Smt. Umabala Sarvepalli and Smt. Lavanya sharing their experiences and thoughts. Sri Nalam Subba Rao, the chief architect for Swami's projects, took to the stage to share about aaharam (food) and the importance of our (aaharyam) attitude towards food. Following his insightful talk, Sri Ramagopal garu addressed the audience with an impactful talk with a call to action to always love and serve the Lord.



The most important and most awaited time of the evening arrived! Swami addressed the devotees with His love-filled message. Swami, with the care of a thousand fathers, expressed the need for the devotees to seriously put efforts to achieve Souseelyam in order to succeed in the mission of their lives. He guided the devotees with actionable insights to achieve the purpose of their life which would in turn please Him.

As the evening session came to a close, the devotees retired to their rooms with mixed emotions. They were happy because such a rare divine trip happened in the Divine Presence, but they were also teary-eyed as they will have to go back to the world away from this Divine Paradise. The Lord assured them that He will be with them and guide all through in their hearts if they put efforts towards Souseelyam. The devotees, determined to visit Swami in the next trip, vowed within themselves to make Swami proud!



GRAMA SEVA



Preparations were underway right from 1:00 AM for the Grama Seva. As we have always seen, Swami, wherever He goes, spreads love, cheer and prosperity. The 9 villages around Araku Valley were no exception to this.





The army of devotees with their Lord went to the villages and performed Grama Seva where about 500 needy families were provided with food, sarees, dhotis and divya Prasadam including pulihora and laddu.

It was indeed apt that the devotees gathered with their Lord, with Swami's Guidance, concluded the divine week-long trip with grama seva - in line with Swami's teachings of 'Lokahitham Mama Karaneeyam'!





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Sai Soukhyam

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Near Uppal, Hyderabad, Telangana

*It's time we resolve and commit ourselves once
again to bring smiles and happiness
in the lives of the needy*

LOKA HITHAM MAMA KARANEYAM

It's our duty to do good to the world!





IF YOU WISH TO GET INVOLVED

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And spread the Divine news!

We will be happy to have your support and participation!

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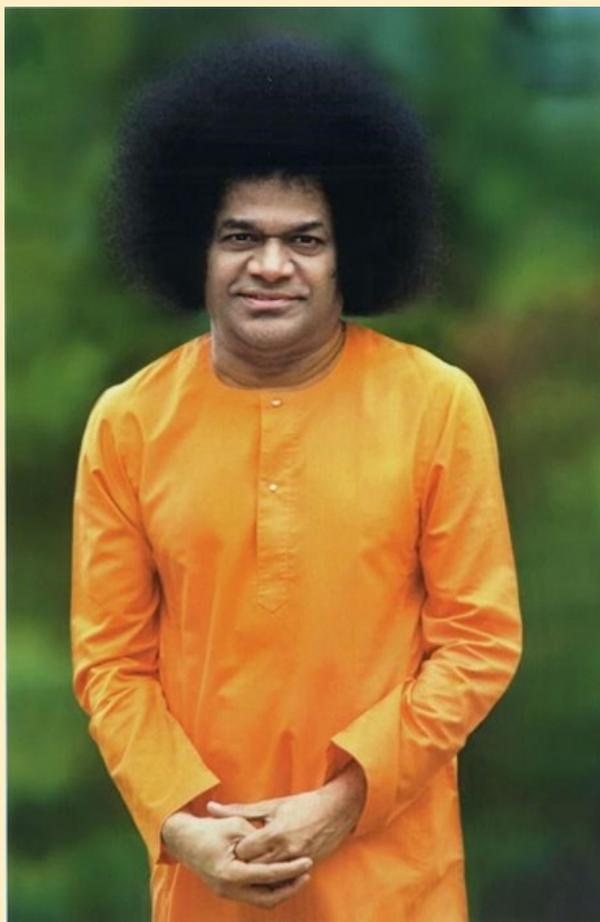
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THANK YOU

FOR YOUR PARTICIPATION!



WE PRAY TO BHAGAWAN TO
SHOWER BLESSINGS ABUNDANTLY
ON YOU AND YOUR FAMILY!

SAMASTHA LOKAH SUKHINO BHAVANTHU

STAY SAFE | STAY BLESSED